



»»» **MINOR FOOTBALL ASSOCIATION** «««



TOP NEWS OF THE MONTH

**SPRING
FLAG
FOOTBALL**

»»» **READ MORE**

The 2024 season of BMFA Flag Football has been the most successful yet, with over 1,200 registrants, including a new All-Girls division. The season was marked by partnerships with T. Litzen Sports for equipment and uniforms, as well as the dedication of 170+ coaches and volunteers. Exciting upcoming events, such as Opening Day and Champs Weekend, are set to further celebrate the season's and community spirit.

READ MORE «««

The Summer Tackle Program has experienced remarkable registration numbers, with over 335 athletes competing for spots in our 6 Summer Rep teams. The Regular Season kicks off on May 18th, with our oldest teams facing off against Myers Ryders U16/U18 in Ottawa and the Dolphins (U14) in Durham.

**SUMMER
STAMPEDERS
FOOTBALL**

SUMMER STAMPEDERS FOOTBALL

>>> STAMPEDER FOOTBALL IS BACK!!!!

Our registration numbers for the Summer Tackle Program have been fantastic and we have over 335 athletes trying out for our 6 Summer Rep teams. The start of the Regular Season is quickly approaching on May 18th with our 3 oldest teams opening on the road in Ottawa vs. Myers Ryders U16/U18 and in Durham vs. the Dolphins (U14). We are excited to debut NEW ALL WHITE NIKE UNIFORMS for our U14/16/18 teams thanks to a renewed partnership with T. Litzen Sports. We are excited to bring home another OSFL Championship to Burlington this summer.



SATURDAY JUNE 1ST

U10 vs. PEEL (11:00am)
 U14 vs. SCARBOUROUGH (1:30pm)
 U16 vs. LONDON (4:30pm)
 U18 vs. LONDON (8:00pm)

SUNDAY JUNE 2ND

U12AAA vs. PEEL (11:00am)
 U12 AA vs. SARNIA (2:00pm)

Our first home action at Nelson Stadium takes place on June 1st and 2nd with our marquee match-up Saturday night under the lights as our U18 Stampeters host the London Jr. Mustangs. We cannot wait to see everyone out to pack the Stadium!

Make sure you check out the OSFL website <https://osfl.club/> for full OSFL Information. We are always looking for GAMEDAY and TEAM sponsors to support our athletes on and off the field. If this is of interest please don't hesitate to reach out.

GO STAMPS!

Jeff Brock
 Summer Football Director



SPRING FLAG FOOTBALL

»»» OUR BEST SEASON YET: HIGHLIGHTS FROM 2024

Dear BMFA Flag Football Community,

We are thrilled to share that the 2024 season has been our most successful and memorable one yet!

With over 1,200 registrants, this season has been record-breaking, making it our largest season ever and the most popular in Burlington. We are especially proud of the launch of our new All-Girls division, which has received an incredible response with 145 registrants. Despite this growth, our Coed division remains the most popular league in Burlington, with an impressive 1,060 registrants.

This season, we are fortunate to have Convenors, Volunteers, and 170+ Coaches supporting our 9 divisions. We're incredibly grateful for their dedication and efforts, which have contributed significantly to making this season a success.



We are proud to have partnered with T. Litzen Sports for all our equipment and uniforms, ensuring convenience and quality for our players. Be sure to visit T. Litzen Sports at 433 Ofield Rd S. in Dundas Ontario for all your flag football gear needs.

Moreover, we organized 2 Turf Preseason Events and Coaching Clinics for new coaches to prepare for the season. All our games are supported by Trainers and Referees, ensuring the safety and fairness of each game.

We are incredibly grateful for the continued support and participation of our BMFA Flag Football community. Thank you for making this season a remarkable one.

Looking forward to a fantastic remainder of the season!

Dave Hulbert
Flag Football Director

UPCOMING EVENTS



Opening Day

APRIL 20 (TYKE-BANTAM)
APRIL 22 (JV & SV)



Picture Day

JUNE 08 AT THE HABER
RECREATION CENTRE



Champs Weekend

JUNE 22-23 (TYKE-BANTAM)
JUNE 24-25 (JV & SV)

COACHES CORNER

»»» BMFA COACH DEVELOPMENT AND TRAINING INITIATIVES FOR 2024

The start of 2024 has been a busy time as coaches get ready for the upcoming Spring/Summer Season. The BMFA is focused on providing the community with high-quality flag and tackle football programs. This starts with the coaches. The BMFA offers opportunities for coaches to learn, develop and grow with us. So far this year we have offered our coaches the opportunity to receive training from CFL coaches through our Coach Talk Tuesday sessions and a BMFA in-house Football Ontario Community Sport Course.

In the 2024 instalment of Coach Talk Super Tuesday we had two Hamilton Tiger-Cat guest coaches join us. Coach Talk Tuesday's is a great opportunity for our BMFA coaches to interact with CFL coaches in an informal setting to learn and exchange ideas, strategies and share drills that can be incorporated into future practice plans. This year's session featured Jarryd Baines, Quarterbacks Coach who shared strategies coaches could use to beat the Blitz. The second session featured Mark Washington, Assistant Head Coach and Defensive Coordinator for the Hamilton Tiger-Cats. Mark shared the latest concepts relating Pressure Defense when to use it and how to disguise it.

In March, the BMFA sponsored a U14 Community Coach training course for 24 Burlington Coaches. This training workshop helps develop skills in key areas such as practice planning, making ethical decisions, player development and player safety. BMFA has the benefit of an in-house Coaching learning facilitator which allows for flexible scheduling and for new and seasoned BMFA coaches to meet and share and exchange ideas.

Interested in coaching? Please feel to reach out Steven Moore, Coaching Director / Football Ontario Learning Facilitator.

Steven Moore
Coaching Director
coaching@burlingtonfootball.ca



1

Coach Talk Super Tuesday

2

BMFA in-house Football
Ontario Community
Sport Course

3

CFL Coaching Clinics

SPONSORSHIP

➤➤➤ SUPPORT MINOR FOOTBALL IN BURLINGTON!

The Burlington Minor Football Association is gearing up for an exciting upcoming season and we are currently seeking sponsorships to help support our program.

By becoming a sponsor, you will have the opportunity to show your support for the youth in our community and gain exposure for your business. Your sponsorship will help provide our players with the necessary equipment, facilities, and coaching to help them succeed both on and off the field.

We offer a variety of sponsorship packages to fit your budget and marketing goals. Join us in making a difference in the lives of our young athletes and being a part of our successful season!

At this time we would like to thank Emille Shoes Ltd./ Factory Shoe Outlet for sponsoring both our FLAG Major Bantam & our Junior Varsity TACKLE programs. As well as Progressive Sports Medicine for their continued support of the Burlington Minor Football Association.



THANKS TO OUR SPONSORS!



www.progressivesportsmedicine.ca
1179 Northside Road (At Mainway)
Burlington, ON L7M 1H5



www.factoryshoeoutlet.ca
2394 Fairview St.
Burlington, Canada

If you have any questions about sponsorship, please feel free to contact:

Mike Bragg
Director of Sponsorship
sponsorship@burlingtonfootball.ca
905-928-8467

PRESIDENT'S MESSAGE

Dear Member,

I hope this message finds you well.

We are calling a special board meeting to present our 2023 financials, and to provide an update on the association's financials for our 2024 programs.

At this meeting we will also be discussing the transition to our new board structure, and providing an overview of the board positions and board appointments that will need to be filled at our 2024 AGM.

Here are the details for the upcoming meeting:

DATE: MONDAY MAY 13TH 2024
TIME: 6:30 TO 8:30 PM
LOCATION: ONLINE VIA GOOGLE MEET

Please confirm your attendance at your earliest convenience by contacting officeadmin@burlingtonfootball.ca

Your participation is vital for us to make informed decisions and steer our organization towards its objectives. Should you have any questions or require further information prior to the meeting, please don't hesitate to reach out.

Thank you.

Yours truly,
Matthew MCLEOD

President
Burlington Minor Football Association
president@burlingtonfootball.ca



MEET THE EXECUTIVES FOR 2024-2025 SEASON

»»» HERE TO SUPPORT YOU

- President – Matt McLeod
- Vice-President – Kim Prangley
- Secretary – Brian Thompson
- Communications Director – Johanna Downey
- Social Media & Website - August Hulbert
- Director of Coaching – Steve Moore
- Flag Football Director – Dave Hulbert
- Director of Player Development – George Shamoun
- Fall Tackle Football Director – Matt Macera
- Summer Rep Stampeders Director - Jeff Brock
- Fundraising Director - Mike Bragg
- Registrar – Season Snyder
- Equipment Manager – John Metcalfe
- Treasurer – Naz Nazari
- Office Administrator – Ella Liu

